

Teams need a strong culture of kindness. I'm here to be your...



BUILD CONNECTION

Increase engagement, morale, and teamwork through events and group coaching

COMMUNICATE WITH CARE

Train your teams in compassionate interpersonal communication

ADDRESS BURNOUT

Reduce overwhelm, fatigue and burnout with heart-centered leadership

RECRUIT AND RETAIN

Attract top talent with a culture where people feel seen, valued, and excited to stay

CELEBRATE REST

Build resilience and trust by honoring our fundamental need for rest



I offer a blend of advisory, leadership development, and coaching services.

Linda Cohen,
Your Chief Heart Officer